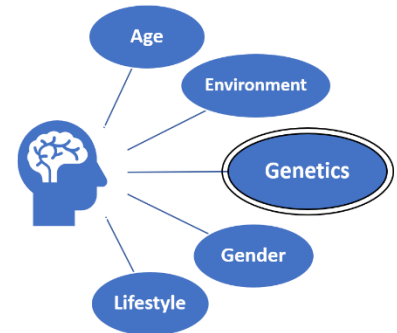


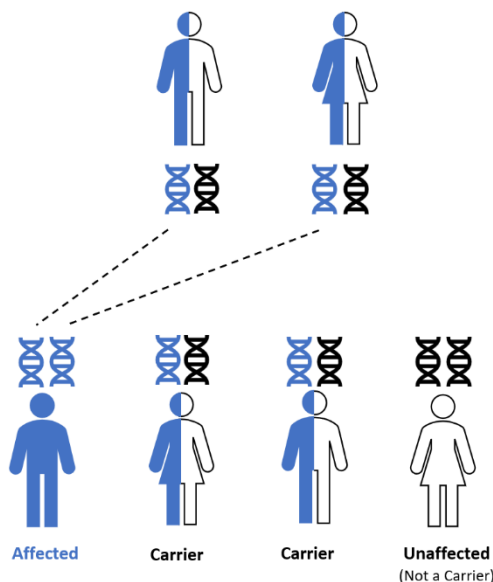
Parkinson's disease is multifactorial in most families; it is likely caused by an interplay of both genetic and environmental factors. A number of genes have been identified as risk factors for Parkinson's disease, with many others likely unknown. This fact sheet outlines basic information about the PINK1 gene as well as risk to individuals and their relatives. If you have a PINK1 variant and/or are concerned about your risk, speaking with a genetic counselor can be helpful.



PINK1 Variants

Gene variants in PINK1 are associated with features of classic Parkinson's disease, but symptoms are usually slower in progression, and may have less non-motor features.

PINK1 variants are inherited in an autosomal recessive pattern (see Figure). This means that a person has to inherit two gene variants, one from each parent, to have the disease.



Individuals with only one variant are sometimes called carriers and typically will not have the disease. If a person has two recessive variants, we can assume that one variant came from each of their parents. Individuals with two recessive variants will automatically pass one variant on to each child. Both males and females can pass on and inherit these variants.

Having two variants in the PINK1 gene almost always causes Parkinson's disease and usually at a much younger age, such as before age 40 years. Both parents and all children of the affected person will have at least one copy of the variant (see Figure). Individuals with just one gene variant will usually not have Parkinson's disease, however there is evidence to suggest they might be at a slightly increased risk.

Research Opportunities

Research studies may be interested in enrolling people with PINK1 variants. This is true whether or not that person or anyone else in their family has Parkinson's disease. Some studies are trying to understand more about the causes of Parkinson's disease. Other studies are working to develop new treatments.

Various research projects at the Indiana University School of Medicine include genetic testing and genetic counseling for Parkinson's disease. These projects enroll volunteers with and without Parkinson's disease. To learn more, please contact our team at pdnexus@iu.edu or call 888-830-6299.

References

- Cook Shukla, L, Schulze, J, Farlow, J et al. Parkinson Disease Overview. 2004 May 25 [Updated 2019 Jul 25]. In: Pagon RA, Adam MP, Ardinger HH, et al., editors. GeneReviews® [Internet]. Seattle (WA): University of Washington, Seattle; 1993-2016. Available from: <https://www.ncbi.nlm.nih.gov/books/NBK1223/>
- Kim C and Alcalay R. Genetic Forms of Parkinson's Disease. Seminars in Neurology 2017;37:135-146.
- Tysnes OB and Storstein A. Epidemiology of Parkinson's disease. J Neural Transm (Vienna). 2017; 124(8):901-905.

**For additional information about Parkinson's
disease genetics and research visit PDNexus.org**

Authors: Schulze J, Miller A, Cook L, Verbrugge J, Rumbaugh M, Heathers L.

Updated: May 16th, 2022

